



# News Werks

The official newsletter of the Iowa Chapter BMW CCA

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## ANNUAL MEETING 2004

The place to be on February 28th was Stoney Creek Inn in Johnston for the Iowa Chapter Annual Meeting and Awards Presentation.

The evening began with a reception in the Loose Moose Saloon. Once everyone had a chance to meet, visit with their fellow club members and cast their ballots, the meeting moved into the main ballroom. Everyone who attended the dinner received a special memento of the evening, compliments of the Board of Directors. At each place setting was a very nice road atlas that had the club logo embossed on the cover!

Club President Dana Schrader welcomed everyone; Chapter Secretary, David Trachtenberg announced the election results and Chapter Treasurer Fred Bell gave the yearly financial report.

Following a dinner buffet, we were delighted to hear from our Regional VP and the National President Elect, Scott Blazey. He gave us an update on what's going on at the national level and informed us that our new Regional VP will be Geoff Tolsdorf. It was then time for a few door prizes!

We were pleased that Hennie Chung, the Z4 Brand Manager for BMW NA was able to attend our meeting and address the group. It looks like we will be seeing some interesting BMW products in the future-but we will have to wait and see them! Hennie also brought along a door prize – the lucky winner was Tom Clark!

The evening now turned to our Chapter Awards and Fred Bell began by presenting the "Cutting It a Little Fine Award". This Award is our traveling trophy and is presented to a club member who has persevered in the face of odds, made something happen for the chapter, generally had bad luck or just cut it a little fine. This year the trophy was awarded to **Stacey VanLengen** and acknowledged all the "stuff" she and her car had been through at our driving schools!

David Trachtenberg then drew the winner's for the Membership Participation. **Ralph Briggs**, from Des Moines, won a complimentary registration in our Longest Day Driving School and new club member **Tim Richeson**, from Cedar Rapids, won a \$100 certificate from EuropeanMotorcars Des Moines.

Dana returned to the podium and presented our Sponsor of the Year Award to European Motorcars Des Moines. This award is presented to a sponsor or vendor that has provided significant support to our Chapter and we were pleased to present the Award to EuropeanMotorcars Des Moines.

The highlight of the evening was when Mike Bengé, last year's recipient of the Member of the Year Award, presented this year's award. This award is presented to a chapter member that participates and is active in the club and emphasizes his or her contributions to the chapter and it's members. The 2003 Member of the Year award winner was **Tom Clark** from North Liberty. Tom has been an active member since the club was started, served on the Board of Directors for several years, has chaired the Fall Color Tour for four years and **always** goes out of his way to help fellow club members. He epitomizes the caring individuals we have in our club! And we were able to keep it a secret and surprise Tom! Thanks to his family, Marita and Lindsey for making that happen.



The evening concluded with more door prizes and by the end of the evening, each member and associate member had their name called to come and select a door prize!

*Photos of the event can be found on page 4.*

## UPCOMING CHAPTER EVENTS

*Updated information will be posted on the website as it becomes available. Be sure to check for current information at [www.bmwia.org](http://www.bmwia.org)*

**May 9th**



**Teen Safe Driving School  
Des Moines**

**June 12 and 13th**

**Longest Day Driving School**

**Mid America Motorplex - Pacific Junction, IA**

*See page 10 and 11 for more information and  
Registration Form*

**July 4 - 9**

**Oktoberfest - Pasadena, California**

*If you are planning on attending please contact  
Scott Smed at [scotts@bergländandcram.com](mailto:scotts@bergländandcram.com)*

**July 17**

**Annual Club Picnic  
and**

**New Member Welcome**

*This is a great event with fantastic food, beverages and conversation! We have also been known to give away some door prizes! **No cost** to members or their guest! Just an RSVP is needed. Location, RSVP information and other pertinent facts will be posted on the website soon!*

### ELECTION RESULTS

President - Dana Schrader

Vice President - Mike Bengé

Secretary - Dave Trachtenberg

Treasurer - Fred Bell

At-Large Members

John Meek, Scott Smed, Doug Wittkowski

Dave Brennan, Past President and Newsletter Editor, Martha Wittkowski will also serve on the Board of Directors.

A special Thank You to "retiring" Board Members Jason Smith & Greg Maitre

### BOARD OF DIRECTORS

Dana Schrader  
President  
[d-schrader@mchsi.com](mailto:d-schrader@mchsi.com)

Mike Bengé  
Vice President  
[mdbenge@mchsi.com](mailto:mdbenge@mchsi.com)

Dave Trachtenberg  
Secretary  
[david.trachtenberg@mchsi.com](mailto:david.trachtenberg@mchsi.com)

Fred Bell  
Treasurer  
[fourbells1@mchsi.com](mailto:fourbells1@mchsi.com)

Scott Smed  
Events Coordinator  
[scotts@bergländandcram.com](mailto:scotts@bergländandcram.com)

John Meek  
At-Large Eastern Iowa  
[jmeek911@aol.com](mailto:jmeek911@aol.com)

Doug Wittkowski  
At-Large Central Iowa  
[wittawerks@se-iowa.net](mailto:wittawerks@se-iowa.net)  
641-891-3571

Dave Brennan  
Past President  
[dbrennan@netins.net](mailto:dbrennan@netins.net)

Martha Wittkowski  
Newsletter Editor  
[wittawerks@se-iowa.net](mailto:wittawerks@se-iowa.net)  
641-891-7977

### DISCLAIMER

*NewsWerks is a publication of the Iowa Chapter BMW CCA and is in no way connected with BMW AG. All of its contents shall remain the property of the club. This publication is mailed to chapter members in good standing six times per year. The ideas, suggestions and opinions expressed in this publication are those of the club and/or its members.*

*The Editor of the NewsWerks seeks material suitable for publication.*

*Send submissions to:*

*Martha Wittkowski  
[wittawerks@se-iowa.net](mailto:wittawerks@se-iowa.net)*



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*Note: I added a border*

**WELCOME TO OUR NEWEST MEMBERS**

Alan Balmer, Fairfield  
Wayne Norman, Dubuque, 1995 318i  
Kent Miller, Waterloo  
Kevin Kehl, Dubuque, 2002 745Li & 2002 X5  
Mark Sorenson, Coralville, 2004 325Ci  
Brad Schmidgall, Burlington 2004 325i  
Yvette McCulley, Council Bluffs  
Nannette Rogriguez & Randy Heal, W. DSM 2004 25Ci  
Yuriy Gettya, W. DSM 1988 750iL  
Larry White, Des Moines 1983 302i  
Jeff & Norma Peterman, Cedar Rapids 1998 Z3  
Earle Rock, Ankeny 1985 535i

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AND  
HOPE TO SEE YOU AT AN EVENT SOON!**

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SCENES FROM THE ANNUAL MEETING



Hennie Chung, Z4 Brand Manager addresses the members

Calling out door prize winners!



Checking out the door prizes



VP Mike Bengé presenting Member of the Year Award



VP Mike & President Dana at Registration



Door Prize Time!



Conversation Time



Sponsor of the Year Award



Member of the Year Award



Cutting It A Little Fine Award



President Dana giving out membership pins

Photos by Martha Wittkowski & Scott Smed

*The following Businesses donated the great door prizes  
we had at our Annual Meeting*

Please consider their products and services in the future.

BMW North America  
BMW CCA-National Office  
EuropeanMotorcars Des Moines  
Active Autowerke  
Autosolutions  
Bavarian Autosport  
BBS of America  
Bob Bondurant Driving School  
Dale's Tire-N-More  
European Motors LTD  
Eurosport High Performance  
EuroWerkz  
Fikse USA  
Ireland Engineering  
MacNeil Automotive  
Merrill Axle & Wheel  
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The Tire Rack  
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A Special Thank You to **EuroWerkz** for Sponsoring the Member of the Year Award



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**Dan Kruse BMW has earned BMW' NA Center of Excellence Award  
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**645 Century Drive, Dubuque, Iowa 52002**

**Dave Ackley, BMW Sales Manager  
dave.ackley@mail.dankruse.com  
1-800-373-2277 ext 250**

**Torque Made Easy**

No, not engine torque, that is for another issue. Fastener torque is what we will discuss today. There is no black magic here, just basic math and engineering. For some strange reason, many of us have a fetish with tightening fasteners. We either think “if tight is good, tighter must be better” or more likely, with BMW owners, we turn proper bolt torque numbers into an *obsession*. Yes, we certainly want those wheel lug bolts tight, so they do not fall off, but 5-10 foot lbs will not make any difference on a minor fastener like lug bolts.

Where bolt torque becomes critical is on precision engine and driveline assemblies. I will let you in on a deep dark secret...When BMW builds them they don't torque the fasteners! That is correct; BMW and all the major builders of fine engines and drivelines have gone way beyond simply measuring torque. Torque numbers are much too general and there are just too many variables that can affect the actual holding power of fasteners, to rely on simple torque numbers. Try thinking of the bolt, nut or screw as part of a clamp. If you clamp something together there is only so much force you can apply before the clamp will clamp no more, or something breaks, in this case usually what you are clamping. A fastener does the same job. It applies clamping force and in order to apply that clamping force, it must be preloaded with tension, as tension equals a reliable clamp. To be at the optimum tension, a bolt is actually stretched, providing a reliable clamp that will not come loose. So, when BMW designs an assembly and they need a fastener for an critical assembly, they know just how much to stretch a particular bolt to make it the most reliable clamp. No torque wrenches involved at all, in fact they use a computer controlled tightening machine that turns the fastener and actually measures the stretch of the bolt at the same time. When the pre-programmed stretch is achieved it stops, no matter what the torque number might be. Another benefit of this tool is that it can also sense if a fastener is within spec at the very same time. If it doesn't seem to be coming up to spec uniformly it is instantly replaced and/or the corresponding thread is deemed suspect. Cool, Eh?









You and I however will have to stick to torque wrenches for a few more decades and for most of what we do, they will work just fine. Below are some general torque specs for different size and grades of metric fasteners. Cut them out, put them in your toolbox, and please, try not to over-tighten, as that is a big no-no with fasteners.

**General Torque Specs for Metric Fasteners**

Bolt Material class (grade) shown in lb-ft  
Note: Diam. is diameter of the bolt and not the head size

Diam.	"5.8"	"8.8"	"9.8"	"10.9"
5mm	3.5	5	6	8
6mm	6	9	10.5	12
8mm	15	22	25	32
10mm	29	44	51	62
12mm	51	76	89	111
14mm	81	123	140	177
16mm	125	199	214	280

**Bolt Grades**

	SAE	SAE 5	SAE 7	SAE 8
U.S.				
Metric				
Steel type	Low carbon (soft)	Medium carbon Heat treat	Medium carbon alloy	Medium carbon alloy

## THE PRESIDENT'S MESSAGE BOARD

Welcome!!!

It is that time of year again. The snow has melted, the grass and trees are starting to green and the road is calling. WAIT! I'll be right back...time for a drive! ..... OK, I'm back.

First, I would like to offer a BIG THANKS to the Annual Meeting committee: Martha and Doug Wittkowski and Dave Brennan. It was another great success and this committee is the reason why. Much time and effort goes into this event and it went off without a hitch. Thanks to you and all those that assisted you!

Second, thanks again for your support in re-electing me as President. I hope this year will be as great as the last one has been.

The past year has been a busy one and I'm hoping you're finding what you're looking to find from the club. We have new ideas that we hope become annual events – a Chili cook-off (already held earlier this year) and more importantly a "Street Survival" teen driving clinic. This clinic focuses on safety and car control for licensed teens from 16-19 years of age. It teaches participants how to control a car in abnormal situations and does so in a controlled environment. I HIGHLY recommend this to ALL drivers in this age group. It could save a life! Look for more info on our website at [www.bmwia.org](http://www.bmwia.org).

With attempting to organize a wider variety of events, available time becomes an issue. With this in mind, the Iowa Chapter will be organizing only one driving school this year – the "Longest Day" school in June. For those of you wanting 2 driving schools... no need to worry. The Missouri Valley chapter will be taking over the September date. The school will be very similar to our past events and we highly recommend attending.

If you would like to help out with club events, have ideas for us or just have something to say, don't hesitate to contact me at [president@bmwia.org](mailto:president@bmwia.org).

Also, be sure to check out the newly redesigned website with all the latest info about the club. You will find the most up-to-date info there.

Hope to see you soon at an upcoming event!!!

Dana Schrader



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# Members Marketplace

## CARS

**1971 Bavaria** Polaris silver/Blue vinyl 3.0L dual Webers. Great Interior, Strong Engine, Rusty Body \$500 obo Kent 515 246 1559

**1976 2002** Sahara/Brown 4spd. Sunroof, many new parts. Drives very good, Needs minor body detailing and paint. \$2000 obo Jack @ 515 865 5691

**1984 BMW 733i** 106k miles, Beautiful Lapis blue over Blue cloth. 218h.p 6cyl. 5 speed, Sunroof, Original 14' wheels, complete European tool kit, first-aid kit, and fire extinguisher. Mods include Borbet wheels, RE71's, Bilstein Sports, K&N air filter, Bavarian strut tower brace. Never adult driven and enjoyed completely, concours winner, \$5500 obo. I will really hate to see her go...Scott Hamilton at scottyboy89@msn.com

**1987 535is** Overall good condition. It runs well but needs more attention than we can give it. One mild Iowa winter. \$3200 Obo, Jeff @ 515 276 2536

**1997 M3** sedan auto White/Magma, No winters 30k miles Sunroof CD alarm super nice \$25k obo. Iowa location Andy 512 970 3734.

**1998 M3 Sedan** white w/grey leather, 56K, new rear tires, UUC cold air intake & exhaust & OEM cold air & exhaust, 5 spd, 10 spoke rims, excellent condition. Asking \$23,000. Contact Tyler at Tcf787@aol.com or 515-290-1319

**1998 Z3** 1.9 5 spd. Red/Black Loaded including CD changer. All service records with recent 45k service completed 43000 miles new Yokohama AVS ES100 tires Immaculate condition \$20k Dale at rupp11@msn.com or Drupp11@aol.com 515 238 9118

**2002 M3** Steel Grey w/ red interior. SMG, Loaded, fanatically maintained no snow, salt or bad weather. Awesome car, must sell now \$46K O.B.O. wittawerks@se-iowa.net

## PARTS AND ACCESSORIES

**Set of 4 BMW Roundel Cross Spoke wheels** mounted with Michelin Pilot HX tires. 16x7.5 offset for all 3 series 1992 to current. Nice wheels and tires. \$800 rupp11@msn.com or 515 238 9118

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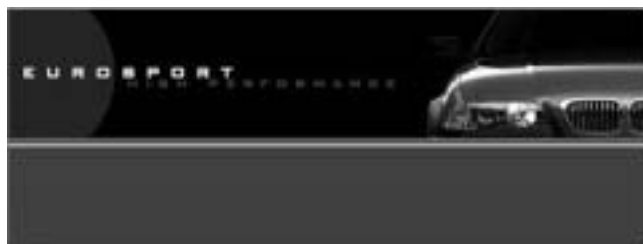
**4 Winter tires** 225 16 Pirelli 210's on Borbet Type T wheels for E 39 5 series. Very clean with 60-70% tread reaming. \$550. Contact Stu Lehr at 515 208 1121 or photon4@aol.com

## WANTED

**1988-91 325/525 M20** inline 6 cylinder engine with or without transmission. Dylan at 515-993-3844

Classified Ads are free to club members. Send your ad to [wittawerks@se-iowa.net](mailto:wittawerks@se-iowa.net). The NewsWerks is published six times annually, ads must be received by the 10th of the month for placement in the next issue. Please include membership number.

Members may also post their ads on our Chapter website forum at [www.bmwia.org](http://www.bmwia.org)







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## **BEYOND CHANGING THE OIL TECH SESSION**

Over 30 club members attended the Tech Session, hosted at EuropeanMotorcars Des Moines.

Following a brief overview by Doug Wittkowski, Event Chairman, Board member Scott Smed and Club member David Hanf demonstrated how to change front brake pads. Thanks to David for agreeing to be the "hands on" student and for providing his own Z3 Coupe for the demonstration.

Once the brakes were changed on the Z3 the group gathered around Scott Smed's M/330Ci to learn about rotors and calipers. Doug also provided an overview on completing a total inspection of your BMW along with areas of concern and things to watch for on certain models of BMW's.

There were great questions from members and, as we hoped, we were successful in de-mystifying our favorite car & in providing information on the general maintenance and service required to keep it running a long and glorious life. For those of you unable to attend, please feel free to contact Doug for any of your technical questions or concerns. We are all here to help make your BMW ownership experience great.

## SO YOU WANT TO TRY DRIVING YOUR CAR ON THE TRACK

By Dave Brennan

Well, you say you are thinking about attending a Club Driving School. What have you been waiting for? Seriously, you owe it to yourself to find out what the much-vaunted superior BMW engineering is all about. What better way than to gradually approach the edge of your car's performance envelope in a safe and supportive environment?

Today: Send in your application with a check to the Iowa Chapter, BMW CCA or register on-line at [www.bmwia.org](http://www.bmwia.org) for our next school at Mid-America Motorplex on June 12-13. Download the student information packet from [www.bmwia.org](http://www.bmwia.org) and please read it!

Between today and June 1, 2004: Have a safety inspection performed on the car you plan on driving & have the technician complete the required inspection form. Brake fluid must be recently changed. If any wear items are close to the end of their life expectancy, now is the time to replace them. Of course, it goes without saying that your tires and brakes must be in good condition. These will be the primary wear items during the weekend. A little bit of tire wear is OK, but do not use tires that have been patched, flat-spotted, or that have cracks or sidewall damage. Other items to consider, primarily in the realm of preventive maintenance, are fuel filters, coolant change, spark plugs, oxygen sensors, oil, oil filters and air filters. And if it has not been done in a while, it would be a good idea to have the alignment of the front suspension checked. There now doesn't it feel good knowing that you have a well-maintained and safe car?

**Friday, June 11, 2004**: Today the track is reserved for instructor and advanced student track familiarization. But, **YOU ARE ENCOURAGED TO COME TO THE TRACK TODAY** to look around, get a feel for the place, **REGISTER, SIGN IN, AND RECEIVE YOUR STUDENT PACKET**. This packet will contain your stick-on car numbers, group/instructor assignments, colored wristband, and other info. Registration will be open at the track from 10:00 am to 8:00 pm. **PLEASE DO NOT FORGET** to bring your Snell 1995 or 2000 Type M or SA rated Helmet (sorry, no DOT only helmets) for inspection and approval, your completed **TECH INSPECTION** form, your **DRIVER'S LICENSE**, and optional medical form. **WE CANNOT REGISTER YOU WITHOUT THESE ITEMS.**

We will host a reception at the track Friday evening from 5:00 pm until 8:00 pm. We will provide munchies, grilled food, brew and other beverages for all students, instructors & volunteers. So please stop at the track Friday to have a great time socializing and get the messy paperwork all cleared up so you will be ready to roll first thing Saturday morning. It also might be a good idea to seek out your assigned instructor so that you will both be able to get a better idea about what you can expect on the track tomorrow. Get to bed early, avoid excessive alcohol or sleep inducing drugs, and get a good restful night's sleep.

**Saturday, June 12, 2004**: Arrive early. Registration will be open starting at 7:00 am. If you did not register on Friday, get registered, *before* the student meeting. You **MUST** attend the student meeting, which will start promptly at 8:15 am. You will not be allowed to drive if you do not attend the student meeting. Sorry, no exceptions, and attendance will be checked. This is for your safety and the safety of all

students and instructors. You must also empty your car of any and all loose items **PRIOR TO** the driver's meeting so you will be ready to go after your classroom session. This means **EVERYTHING**, including floor mats, items in door pockets or cubbies, glove box, visors (garage door openers, etc), and trunk. Don't forget to check your tire pressures. A good starting place is to run **COLD** tire pressures a few pounds higher than the recommended factory inflation pressures on the car's doorpost sticker. The classroom sessions are **MANDATORY** and will familiarize you with vehicle dynamics, safety procedures, driving techniques, track decorum, and you will begin to discuss the safe "line" around the track.

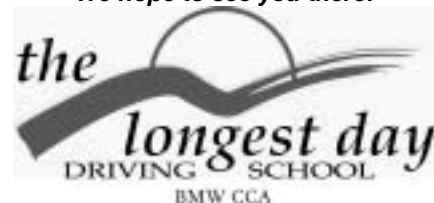
Everything done? OK, get your helmet, find your instructor and line up on the grid. The grid crew will do a final "clean tech" on your car to ensure that there are no loose items, that there are no fluids dripping, or any other potential safety issues. Your instructor may want to drive your car, with you as a passenger, for the first several laps. This is so that he/she can check the handling characteristics of your car and also to give him/her a chance to show you "the line" while discussing and demonstrating braking, shifting, and turning points. Now it's your turn. You will find that it is more work and concentration than you ever imagined, and that you have grown an ear-to-ear grin that just won't go away!

We will run "Charity Parade Laps" over the lunch hour. Any licensed driver may drive their car on the track at this time for a \$5 donation. Helmets are not required, and speeds are limited by a pace car to 50 mph and no passing is allowed. This is a great time for students to see the track at slower speeds and help memorize the line for future sessions. Saturday evening we will host a dinner at the track for the registered students, instructors and guests. It will start at 6:30 pm, and go until 8:00 pm. And, don't forget to fill your gas tank tonight!

**Sunday, June 13, 2004**: Everything that applied Saturday also applies today. Arrive early, attend the brief driver's meeting promptly at 8:00 am, clean tech your car, go to class, grid-up, and enjoy!

Please be reassured that we run a very tight and very safe event. The likelihood of damage to your car, either the bodywork or mechanicals is very small. The likelihood of personal injury is even smaller. Safety is our primary concern, and all other considerations are secondary. You will be taught how to drive quickly in a safe controlled environment where there are no stop signs, side roads, inattentive drivers, pedestrians, livestock, or police. No racing, timing, or anything that remotely resembles competition will be tolerated. Passing is only allowed in pre-defined areas, and under strict and safe guidelines. Are you ready to have the time of your life?

***We hope to see you there!***





**Iowa Chapter BMW Car Club of America**  
**“THE LONGEST DAY”**  
**Driving School Registration Form**  
**June 12 and 13, 2004**  
**Mid-America Motorplex**

**Personal Information** (please print clearly)

Name \_\_\_\_\_ BMW CCA # \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_  
 Email \_\_\_\_\_

**Car Information**

Year \_\_\_\_\_ Make \_\_\_\_\_ Model \_\_\_\_\_  
 Performance Modifications, if any \_\_\_\_\_  
**NO CONVERTIBLES OR TRUCKS ARE ALLOWED. IF YOU ARE UNSURE IF YOUR VEHICLE IS ALLOWED, PLEASE CONTACT DANA SCHRADER, [d-schrader@mchsi.com](mailto:d-schrader@mchsi.com) OR 515-254-1818.**

**Driving Event Experience** (use the back if more space is needed)

- \_\_\_\_\_ First time (or one of the first) at a driving event.
- \_\_\_\_\_ Driving event experience is over 1-2 years of events.
- \_\_\_\_\_ Numerous driving schools over several years. Professional driving school experience (e.g. Skip Barber, Track Time, Bob Bondurant, etc.). Experience must be current.
- \_\_\_\_\_ Racing experience with SCCA, PCA, BMW, Vintage, etc. clubs. Extensive experience at a variety of tracks over an extended period. Experience must be current.

Describe experience: \_\_\_\_\_

**Guest Information**

To receive free admittance for guests that accompany or visit you at the track, enter their names below. Those not listed will be admitted but MAM will charge them \$10/person/day.

\_\_\_\_\_

\_\_\_\_\_

**Fees**

**All students must be members of the Iowa Chapter BMW CCA per current IRS rules. Non-members may either sign up through the National office ([www.bmwcca.org](http://www.bmwcca.org)) for BMW CCA or dual chapter membership, as needed, or pay per the list below to have us do it for you.**

School Registration Fee	\$270	_____
Non-members of BMW CCA (\$40 annual fee, which <i>includes</i> Iowa chapter membership)	\$40	_____
BMW CCA members who are not currently Iowa Chapter members	\$15	_____
Event Memento - Free with registration, if received by May 12.		Free _____
Saturday BBQ dinner at track - Included with registration.		Free _____
Extra BBQ for guests: \$15 each	\$	_____
Paper Event Packet Mailed (or <b>free</b> PDF download available at <a href="http://www.bmwia.org">www.bmwia.org</a> )	\$3	_____
	<b>TOTAL\$</b>	_____

**Deadline is May 30 or when school is filled.**

The chapter will forward any membership fees to the BMW CCA National office.

School registrations received after May 12 will not be eligible for the event memento, due to time constraints from vendor.

**Send payment and completed form to: Iowa Chapter BMW CCA, PO Box 42113, Urbandale, IA 50323**

Additional information is available at <http://www.bmwia.org>.

Driver Signature \_\_\_\_\_ Date: \_\_\_\_\_



PO Box 42113  
Urbandale, IA 50323

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